

Wound Care Instructions

_____ Keep the area dry for 24 hours.

_____ You may shower or swim after 24 hours.

_____ Your stitches should come out in _____ days.

How to care for your wound:

Remove the band-aid and gently wash the wound with soap and water. Apply bacitracin and a new band-aid.

If the band-aid gets wet, make sure you change the band-aid. You do not want to leave a wet or dirty band-aid against your wound.

Continue wound care once a day until the wound is healed. Periodically, leave the band-aid off so the wound can get some air and form a scab.

If you have sutures, continue wound care once a day until you return for suture removal.

Signs of infection:

Increased redness, swelling or any pus coming from the wound. It is normal to have a little bit of redness and/or swelling, but if the redness is spreading out from the edge of the wound any more than a ¼ of an inch, give the office a call at 508-655-0525.